



CONTINUING ADULT EDUCATION PROGRAM COURSE CATALOG SPRING 2021



Empowering individuals with developmental and social disabilities to live independent,
happy lives since 1972.

Chapel Haven Schleifer Center, Inc.
1040 Whalley Ave. New Haven, CT 06515
www.chapelhaven.org

Any questions pertaining to registration, please contact Cherice Grandy:
cgrandy@chapelhaven.org

SPRING REGISTRATION

Spring Quarter Begins **Monday, April 12th 2021**

Spring Quarter Ends **Friday, June, 18th 2021**

All classes will be offered virtually during the spring term.

Please email all class registrations to cgrandy@chapelhaven.org by noon on Friday, March 25th.

ADD/DROP

1. The first three weeks of the term is designated as the Add/Drop period, during which time a student may enroll in or drop a class. A student may drop out of a class during this time without being billed. **Students will not receive a full refund after Friday, April 30th 2021.**
2. Whether adding or dropping, the student's parent or support coordinator must notify Cherice Grandy, REACH Administrative Manager, at cgrandy@chapelhaven.org.



Chapel Haven’s REACH program centers on a rich offering of functional academics with the main goal of preparing our students to live independently in the community. Our Functional Academic classes form the core of the REACH curriculum and are divided into 13 curriculum areas. Residents must meet a certain number of distribution requirements in order to graduate from the residential program. Community members, as in any adult education program, may enroll in any of the classes that interest them except those that are designate for residents only.

As a state approved private special education facility, we employ a teaching staff comprised of both certified and non-certified professionals who attend not only to their classes’ subject matter, but also to the personal growth and enrichment of their students as individuals. Great care is taken in designing the continually expanding course selection to meet the needs and interests of our students. In addition to directly preparing the students for independent living, the classes in our core curriculum, as well as our enrichment classes, incorporate thirteen blended subject areas (listed below).

The driving purpose and foundation of our education program is the integration of our students into the community. We recognize that this can be accomplished only if we teach explicitly and incidentally the social skills that make up the “hidden curriculum” that is essential to success in any community setting. To teach this hidden curriculum, we have designed each of our functional classes so that students learn concrete life skills such as clothing management and grocery shopping through a social communicative competence lens. Our curriculum takes the same approach to teaching problem solving skills, which are a skill set that is essential and transferable across any life skill or community interaction.

This comprehensive program is just one layer in the foundation upon which our residents build lives of successful independence.

Blended Subject Areas – Legend		
LA – Language Arts	CarE – Career Education	T – Technology
SS – Social Studies	ConE – Consumer Education	HS – Health and Safety
M – Math	PE – Physical Education	SCC – Social Communication
S – Science	VS – Vocational Skills	LM – Leisure Management
A – Art		

CHAPEL HAVEN SCHLEIFER CENTER
CONTINUING ADULT EDUCATION
MASTER SCHEDULE

SPRING 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9-10					
10-11	JS-Anger Mngmnt. A MR-Color Your Convo E TM-Yoga D	JS-Anger Mngmnt. B KF-Career Overview A DF-Rules of Comm. A	ER-First Aid Safety A JS-Good Vibrations A	KF-Career Overview B JS-Nutrition B ER-Exp. New England A	JS-Good Vibrations B KF-Caring for Animals A
11-12	JS-History's Heroes A NM-Pictionary E KF-Personal Health A	JS-Nutrition A KF-Book Club F MR-Sitcoms E	NM-CH's Got Talent A DF-Soc. Caffeinated 2A	KF-Tech. Marvels B ER-Color Me Inside Out A TM-Travel the World D	ER-First Aid Safety B KF-Current Events F MR-Movie Club F
12-1					
1-2	KF-Build. Self-Esteem A ER-Conversation Games B MR-Hangman F	ER-The Big Picture A JS-Hot Topic Review A	KF-Tech. Marvels A LW-Current Events E	JS-Entertain. Friends B LW-Men's Group E MR-Women's Group D	JS-Entertain. Friends C MR-Hangman G
2-3	MR-What's Happening F	ER-Keeping Up/Body A NM-Vibe A LW-Zoology A	ER-The Big Picture B KF-Forces of Nature A LW-Sports Talk B	KF-Build. Self-Esteem B ER-Social Thinking A TM-Out to Art D	ER-50 States of Amer. A MR-What's Happening G
AFTERNOON/EVENING SCHEDULE					
3-4	SB-Social Media Safety B	SB-Paint By Numbers D	SB-Art & Nature C	SB-Bingo A	
4-5	TM-CHSC Theater E (Improvisational Version)	NR-It's Game Time C ER-Virtual Characters D	TM-CHSC Theater F (Classic Version) NM-Let's Dance E	NR-International Cuisine B	
5-6		NR-Name that Tune D			

ALL CLASSES OFFERED VIRTUALLY THROUGH ZOOM.

EDUCATION STAFF:

ER - Erik Rambush
JS - Julian Sandoval
TM - Tina Menchetti
MR - Mylissa Rockefeller
NR - Nicole Rainieri
LW - Luke Watterson
NM - Nancy Murray
SB - Stephanie Berberich
KF - Kim Freeman

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[Day Classes]

Anger Management (SS, SCC)

Julian Sandoval

Anger is a signal, and one worth listening to. Your anger may be a message that you are being hurt, that your rights are being violated, that your needs are not being met, or that something is not right. Learn how to set boundaries, be more assertive, and resolve conflict without "losing your cool." Use your anger as a starting point to change patterns rather than to blame others. You don't have to get rid of your anger, but it is important to understand where it comes from and learn to take different action on your own behalf.

Session A – Mon. 10:00-11:00am

Session B – Tue. 10:00-11:00am

Class Fee: \$95.00

Color your Conversation (A, LM)

Mylyssa Rockefeller

Coloring is a relaxing, stress-relieving, and FUN activity! The physical act of coloring (with crayons, pencils, gel pens and/or markers) generates mind-focus and brain-balance while also enhancing creativity. Even if you can't draw a straight (or wavy) line, you can COLOR -- no other artistic skills are required! Meet up with Mylyssa and your peers for some social time coloring and chatting. **Class requirements: Art supplies such as colored pencils, crayons or markers, paper, coloring book, etc.**

Session E – Mon. 10:00-11:00am

Class Fee: \$95.00

Yoga (PE, HS)

Tina Menchetti

Enjoy an hour of deep breathing and relaxation. Go at your own pace and learn how to use breathing techniques and position your body in different ways. Yoga can help improve your flexibility, balance, concentration and posture, while increasing muscle strength at the same time.

Session D – Mon. 10:00-11:00am

Class Fee: \$95.00

History's Heroes (SS)

Julian Sandoval

Gandhi said that we should "be the change we want to see in the world." He was saying that each of us, in our own way, can do our part to make the world a better place. Throughout human history, there have been many instances of people coming together to help each other. Sometimes people have risked their lives to do so. This class will explore some of history's most inspiring moments and figures. Students will learn about the remarkable history of the Underground Railroad and the Amistad ship, which is now docked in New Haven; and much more. Discussions in this class will focus on the history involved as well as how the core values of equality, compassion and justice can be applied in everyday life.

Session A - Mon. 11:00-12:00pm

Class Fee: \$95.00

Pictionary (LM)

Nancy Murray

Pictionary is a classic fun game of drawing and guessing pictures. In this class, each student will have the opportunity to draw a pictures while your peers guess within a time limit. If you love to draw, this class is definitely for you!!!

Session E – Mon. 11:00-12:00pm

Class Fee: \$95.00

Personal Health (HS)

NEW

Kim Freeman

Maintaining one's health and wellness, and knowing when to seek medical advice allows us lead active and fulfilling independent lives. In this class, students will explore factors relating to body systems, common conditions, preventative care, lifestyle choices, and overall self-care practices that are important and, sometimes, unique to adults. This personal health class is appropriate to students at all ages and stages of life.

Session A - Mon. 11:00-12:00pm

Class Fee: \$95.00

Building Esteem for Self & Others (SCC)

NEW

Erik Rambush

All of us want some time to ourselves. But sometimes it can be difficult to figure out what to do with that time! Especially when we first move away from home and live in a new environment. This first class of our Free Time Management series will focus on how to make the most of your downtime when you are by yourself or in small groups in the residence and on campus. Students will each identify and create a list of favorite downtime activities to keep and use in this class and throughout their time in the residence. Every other session of this course will be an opportunity for each student to choose an activity from his or her list and then plan and engage in the activity with the guidance of a special education teacher. The students will practice both solitary downtime activities in addition to making plans with groups of peers. Students will spend the opposite sessions of this course in the classroom discussing and reflecting on how they are spending their downtime (through journals, class discussions and problem solving sessions).

Session A - Mon. 1:00-2:00pm

Session B - Thu. 2:00-3:00pm

Class Fee: \$95.00

The Conversation Games (LM, SCC)

Erik Rambush

Unlike in the movie and novel *The Hunger Games*, when people sit down to talk over games, everyone's a winner. In this class, students will have the opportunity to practice and improve their social skills during leisure time activities. Students will identify and engage in activities of interest facilitated by the instructor, and practice skills such as: initiation, responding to others, conversational turn-taking, reading body language, and cheering others on.

Session B – Mon. 1:00-2:00pm

Class Fee: \$95.00

Hangman (LM)

Myliisa Rockefeller

Have you ever dreamed of being on Wheel of Fortune??? Well, a game of Hangman with your friends is probably the next best thing! Join Myliisa each week for this fun and challenging game and be the first to guess the word or phrase!

Session F – Mon. 1:00-2:00pm

Session G – Fri. 1:00-2:00pm

Class Fee: \$95.00

What's Happening (LM, SCC)

Myliisa Rockefeller

Let's talk! Whatever is on your mind, we can discuss it. Relationships, love, fear, and self-esteem - you name it. We will focus on developing a positive attitude towards life's struggles and work toward developing an upbeat outlook to overcome fear and failure. Students will be encouraged share their hopes, dreams and worries with understanding, non-judgmental peers and also to practice active listening and empathy as their peers share their own. Developing a network of understanding friends is an important ingredient in living a healthy, happy life. This class is a great start.

Session F – Mon. 2:00-3:00pm

Session G – Fri. 2:00-3:00pm

Class Fee: \$95.00

Career Cluster Overview (CarE)

Kim Freeman

This class is designed to offer a practical and realistic look at common occupations. As students explore career clusters, they will learn about specific occupations within each cluster. Students will explore occupational fields, competencies/skills, required or suggested training, work performed, and work place culture (including hidden curriculum) of specific career clusters and occupations. This class is beneficial to students who have years of work experience or are just embarking on their first journey in career exploration.

Session A – Tue. 10:00-11:00am

Session B – Thu. 10:00-11:00am

Class Fee: \$95.00

Rules of Communication (SCC)

Dan Forman

Are there certain unwritten rules we must follow in order to communicate effectively with friends, co-workers, family members, and others? This class will explicitly break down many of the subtle rules related to making and maintaining friendships, talking to people (both verbally and nonverbally) and listening to others. In addition, we will explore how these rules change with different situations and settings. This class will attempt to shed some light on an area where there is always room for improvement.

Session A – Tue. 10:00-11:00am

Class Fee: \$95.00

Nutrition (ConE, HS)

Julian Sandoval

In this class, students will learn about the fundamentals of a healthy diet and will be guided and encouraged to put these principles into practice. Students will learn about food groups, portion sizes, the effects of sugar and fat, diet-related illnesses, the effect of emotions on our eating habits, weight gain and loss, the importance of physical activity, healthy eating on a budget and much more.

Session A – Tue. 11:00-12:00pm

Session B – Thu. 10:00-11:00am

Class Fee: \$95.00

Book Club (LA)

Kim Freeman

In this class, students will have the opportunity to meet weekly and discuss exciting literature. Students will have lively discussions about the characters and plot, make predictions about what is going to happen, and talk about how themes in literature can relate to their lives. The chosen book for this class is entitled *Freaky Friday by Mary Rodgers*. *Annabel Andrews is tired of her mother telling her on what to do. She's tired of being told to do her homework, clean up her room, and be nice to her little brother, Ape Face. If she were an adult, she could do anything she wanted, like watch TV all day and eat marshmallows for breakfast. One Friday morning, Annabel's wish comes true when she wakes up and realizes she's turned into her mother! But after a major washing machine mishap, losing Ape Face, and a terrible teacher conference, Annabel starts to suspect that being an adult is not as much fun as it seems. One thing's for certain -- this is one freaky Friday she'll never forget!*

Session F – Tue. 11:00-12:00pm

Class Fee: \$95.00

Sitcoms (LM)

Myliisa Rockefeller

Join us for a fun-filled hour of laughter. Watch shows from the 80's, 90's and 2000's like Full House, Fresh Prince of Bel-Air and Big Bang Theory!

Session E - Tue. 11:00-12:00pm

Class Fee: \$95.00

The Big Picture (SCC)

Erik Rambush

A key skill in successfully solving problems is the ability to see the “big picture.” This can be something as basic as realizing that there might be more than one way to solve a problem or as acknowledging your own role in a conflict. Other elements include learning from both our successes and failures and the ability to see whether a problem requires immediate attention or is one that can wait. In this class, we will break down the different facets involved in trying to solve problems and why it is important to take on an increasingly larger role in finding appropriate solutions. In addition, we will look at video clips for examples of good and bad problem solving.

Session A – Tue. 1:00-2:00pm

Session B – Wed. 2:00-3:00pm

Class Fee: \$95.00

Hot Topic Review (LA, SS) NEW

Erik Rambush

Do you enjoy keeping up with the latest news? Do you want to read about exciting things that are happening in the world? Do you like having interesting conversations about new topics? This class will offer the opportunity to do all of the above! Similar to a book club, students will get together on a weekly basis to read about the latest hot topics from various publications and engage in lively and analytical discussion afterwards.

Session A – Tue. 1:00-2:00pm

Class Fee: \$95.00

Keeping up With Your Body (HS) NEW

Erik Rambush

Being clean and sticking to a routine is important part of being an independent adult. There is a lot to consider and think about like: making a schedule to clean our bodies, keeping track of supplies, what products to get for different needs, thinking about the amount you use each week, budget, how long to be in the shower, and more! Looking good everyday makes you feel good. When you feel good you are the best version of yourself!

Session A – Tue. 2:00-3:00pm

Class Fee: \$95.00

Vibe (PE, HS)

Nancy Murray

Are you looking for a chance to burn some calories while having a great time? Doesn't sound possible? Well, it is! Patterned after popular dance aerobics classes like Zumba, this class combines movement with Latin rhythms and other types of music to create a fun, effective workout you can enjoy with your classmates.

Session A – Tue. 2:00-3:00pm

Class Fee: \$95.00

Zoology (S)

Luke Watterson

Do you enjoy learning about all the amazing animals that share our planet with us? Students will study zoo-ology through videos and online activities. Students will study the main branches of the animal kingdom including mammals, reptiles, amphibians, birds, insects, and fish as well as others. They will study animal habitats, behaviors, diets, and the fascinating adaptations that help them survive.

Session A – Tue. 2:00-3:00pm

Class Fee: \$95.00

Good Vibrations (A, LM)

Julian Sandoval

Music can be a strong influence in many ways such as with personal fulfillment, feelings and responses, communication, socializing, and pleasurable experiences in a group. If you really love music, listening, singing along, and performing, you will enjoy this class. We will explore and have fun with various types of music; students will share personal favorites as well.

Session A – Wed. 10:00-11:00am

Session B – Fri. 10:00-11:00am

Class Fee: \$95.00

First Aid Safety (HS)

Erik Rambush

The purpose of this course is to help participants recognize medical issues and emergencies, and make appropriate decisions for first aid care. It teaches skills that participants need to know in order to provide immediate care, such as applying ice packs, dressing a wound, how to help a choking person, and performing CPR. Calling 911 will also be covered.

Session A – Wed. 10:00-11:00am

Session B – Fri. 11:00-12:00pm

Class Fee: \$95.00

Chapel Haven’s Got Talent (A)

Nancy Murray

Do you have what it takes? Can you sing any of the top ten hits or maybe you have a favorite from the past? Can you dance like a ballerina or is hip hop more of your style? Do you play classical music or do you like to beat on a drum set? Are you the next Houdini with your magic skills? Come show your hidden talents for all to see!

Session A – Wed. 11:00-12:00pm

Class Fee: \$95.00

Socially Caffeinated 2 (SCC)

Dan Forman

It’s not twice the caffeine as Socially Caffeinated, but hopefully there will be twice the conversation. In this course, students will continue to practice their conversational skills in a natural setting while also reviewing the basic fundamentals of successful communication in a traditional classroom environment. As the course progresses, scaffolding from the instructor will fade and the students will be increasingly encouraged to talk about the things that are on their minds, from weekend plans to timely pop culture events.

Session A – Wed. 11:00-12:00pm

Class Fee: \$95.00

Technological Marvels (T)

NEW

Kim Freeman

Now, more than ever, we rely on technology in new and creative ways but have you ever asked yourself how it all works? We witness daily marvels of technology in small and big ways. How did my key fob just open that door for me? How does my microwave heat up popcorn? Can I really get a pizza delivered in a self-driving car? No question is too big or too small when it comes to answering questions about the tech marvels that make the world accessible, fun, and connected!

Session A – Wed. 1:00-2:00pm

Session B – Thu. 11:00-12:00pm

Class Fee: \$95.00

Current Events (LA, SS)

Luke Watterson/Kim Freeman

This class will discuss local, national and international events that appear in the newspaper and in the Internet. Students will have the opportunity to discuss and share their opinions with their peers.

Session E – Wed. 1:00-2:00pm

Session F – Fri. 11:00-12:00pm

Class Fee: \$95.00

Forces of Nature (S) NEW

Kim Freeman

There are many facets of our natural world that take our breath away. In this class, bring your love of all things in nature and explore world-wide natural phenomena that have us dropping our jaws in awe, scratching our heads in wonderment, and delving into the world of natural science as we explore the forces, big and small, that leave us in amazement. Examples of topics covered are: bioluminescent plankton, hot springs, mud volcanos, as well as some of the forces of nature that we experience in our everyday life such as extreme weather and natural disasters.

Session A – Wed. 2:00-3:00pm

Class Fee: \$95.00

Sports Talk (LM, SS, SCC)

Luke Watterson

This class is for sports fans who are looking for ways of connecting with other like-minded classmates. The focus will be on the interpersonal skills required to make the viewing of sporting events a more social activity. The teacher will be present to help students practice these skills and initiate conversation topics through viewing videos, visiting websites, etc.

Session B – Wed. 2:00-3:00pm

Class Fee: \$95.00

Exploring New England (SS)

Erik Rambush

Whether it's visiting Mystic Seaport, skiing in Vermont, or shopping in Quincy Market- New England has a lot more to offer than you might think! Learn about things to do and places to go in this cozy and unique corner of the United States; and you don't even need a plane ticket!

Session A – Thu. 10:00-11:00am

Class Fee: \$95.00

Color Me Inside Out (A) NEW

Erik Rambush

Based on the movie "Inside Out" students will explore their inner emotions through creative writing and imaginative artwork. Students in this class will express themselves through journaling, group discussions and exploration of color and creative art projects. Learn about your inner self and what colors mean to you. This class will be fun, informative and a great creative outlet.

Session A – Thu. 11:00-12:00pm

Class Fee: \$95.00

Travel the World (SS)

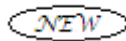
Tina Menchetti

Or the universe! Students will take turns choosing destinations anywhere you can imagine and we, as a class will go there! The best part -you don't have to pack, buy a travel ticket or leave the comfort of your own room. See the wonders of the world together or visit your favorite restaurant or planet. Sit back and enjoy the ride!

Session D– Thu. 11:00-12:00pm

Class Fee: \$95.00

Entertaining Friends (LM)



Julian Sandoval

If you have some free time and are not sure what to do then this class is for you! In this class students will work on time management skills, planning activities with others, and exploring various leisure time activities.

Session B – Thu. 1:00-2:00pm

Session C – Fri. 1:00-2:00pm

Class Fee: \$95.00

Men’s Group (LA)

Luke Watterson

This class offers our male students an opportunity to get together and discuss issues they may only feel comfortable discussing with “the guys!” Each week students will come together and have an “open chat” while doing a leisure activity such as arts and crafts, puzzles, board games, discussing sports...whatever the group decides to do!

Session E - Thu. 1:00-2:00pm

Class Fee: \$95.00

Women’s Group (LA)

Myliisa Rockefeller

This class offers our female students an opportunity to get together and discuss issues they may only feel comfortable discussing with “the ladies!” Each week students will come together and have an “open chat” while doing a leisure activity such as arts and crafts, puzzles, board games...whatever the group decides to do!

Session D - Thu. 1:00-2:00pm

Class Fee: \$95.00

Social Thinking (SCC)

Erik Rambush

Do you ever find social situations to be confusing or frustrating? Do you wish you could read other people’s minds to figure out what they are thinking and how they are feeling? While this class, unfortunately, cannot teach anyone how to read other people’s thoughts, it can help you be a better “social mind reader.” Students will read the book, *Socially Curious and Curiously Social*, by Michelle Garcia Winner – a renowned Speech Language Pathologist and leader in the field of social communication. The focus of the book, and the class, is to help students develop as confident, active participants in everyday social situations by better understanding the various ways that people communicate their feelings and perspectives.

Session A - Thu. 2:00-3:00pm

Class Fee: \$95.00

Out to Art (A)

Tina Menchetti

Yale Center for British Art docents are delighted to be returning to work with Tina and CHSC students again and everyone’s looking forward to a very fun, creative summer! In this class, we will explore some of art’s many forms together. Of course there are paintings and sculpture in museums and galleries but what about your own creations...Mother Nature’s wonders...the art of conversation and listening...and other art forms all around us? Subject matter and activities will differ weekly. In this interactive class, you’ll be encouraged to ask questions, challenge assumptions, and accept that others may have opinions different from your own.

Session D - Thu. 2:00-3:00pm

Class Fee: \$95.00

Caring for Animals (S, HS)

NEW

Kim Freeman

"Animals are such agreeable friends—they ask no questions, they pass no criticisms." — George Eliot

Animals have always been by our sides. Whether on a farm, in our homes, or coexisting with us in nature, humans and animals have always shared this incredible world. Caring for animals is a great responsibility and one that is incredibly rewarding. In this class, students with a love of animals will look at the care needs of common pets as well as careers that involve the care of animals.

Session A - Fri. 10:00-11:00am

Class Fee: \$95.00

Movie Club (LM)

Myliisa Rockefeller

Have you ever fancied yourself a movie critic? Have you ever belonged to a book club? Why not try this course where participants will agree on a movie each week to watch on their own time and then “get together” with the class online to talk about the movie. **Class requirements:**

Access to Netflix or Amazon Prime.

Session E – Fri. 11:00-12:00pm

Class Fee: \$95.00

50 States of America (SS)

Erik Rambush

Let’s have fun learning and sharing facts about our 50 States! For each of the US states, there is a large collection of resources including state facts, links to wonderful state-related websites and a large section on field trips. Students are encouraged to share facts about the state they are from.

Session A – Fri. 2:00-3:00pm

Class Fee: \$95.00

[Afternoon/Evening]

Social Media Safety (T, HS)

NEW

Stephanie Berberich

Using Facebook, Instagram and other apps, students will be provided with great tricks to learn how to stay safe while having fun on social media.

Session B – Mon. 3:00-4:00pm

Class Fee: \$95.00 ALL

CHSC Theater – Improvisational Group (A)

Tina Menchetti

Performers will be experimental and playful with our acting exercises. It will be a class of dialog improvisation, comedy and joke telling, dancing, singing and lots of music. This is a great time to test your acting skills and have fun practicing what drama is all about. Although we will not have a final production we will have fun entertaining each other. Come join this very creative and talented group of aspiring actors!

Session E - Mon. 4:00-5:00pm

Class Fee: \$95.00 ALL

CHSC Theater – Theater Classics (A)

Tina Menchetti

Calling all actors! If you love the classics this is the class for you. Every enrolled actor will be sent a professionally written script of a classic play. Actors will read from the script and perform the play of the group's choice during each class. Feeling like Romeo or maybe Frankenstein, it's all fun and sure to be a blast!

Session F - Wed. 4:00-5:00pm

Class Fee: \$95.00 ALL

Paint by Numbers (A)

Stephanie Berberich

UARTS will work virtually together on a painting project. This project will consist of a 'paint by numbers' canvas with paints to coordinate. Together we will create a collaborative masterpiece!

Students will need to purchase a paint kit using a link that will be provided during the first class. Paint kits are approximately \$20. This is in addition to the class fee.

Session D - Tue. 3:00-4:00pm

Class Fee: \$95.00 ALL

It's Game Time (A)

Nicole Rainieri

This class will be intellectually challenging and stimulating! We will play some of your favorite games like Crazy Eights, Bingo, Charades and Trivia. In the process, we will communicate verbally, share, wait, take turns, and enjoy interacting with others. Players will foster their ability to focus, lengthen attention spans, work as team players, and have fun in the spirit of healthy competition. Join in, see friends you have been missing, and make some new friends too!

Session C – Tue. 4:00-5:00pm

Class Fee: \$95.00 ALL

Virtual Characters (SS)

Erik Rambush

Virtual Characters is the class for you if you love fan fiction, comics, anime, storytelling, or if you have a great imagination. No experience necessary! In this class you will connect with your friends over Zoom about what you like, what they like; look at your favorite characters online; how to create a character of your own; share ideas; find a writing partner and more! Virtual Characters will be a free flowing place to bring your ideas out in the open!

Session D – Tue. 4:00-5:00pm

Class Fee: \$95.00 ALL

Name that Tune (A)

Nicole Rainieri

Remember that old show? Can you guess the name of the song on the radio? Do you know all the words to your favorite music? We will come up with categories popular with the group and will test our skills, talk about our favorite artists and songs, and have some fun playing games around popular music.

Session D – Tue. 5:00-6:00pm

Class Fee: \$95.00 ALL

Art & Nature (A)

Stephanie Berberich

UARTS will take this virtual class on an adventure into the outdoors to look at the wonders of nature. We will identify and learn about different objects and animals found in nature. We will then recreate our findings by drawing them together! **Students will need to purchase a sketch pad and colored pencils for this class. This is in addition to the class fee.**

Session C - Wed. 3:00-4:00pm

Class Fee: \$95.00 ALL

Let's Dance (PE, HS)

Nancy Murray

Come learn the newest dance moves to today's hottest music! No experience necessary- we will cover all the basic steps, so dress casually with sneakers and be prepared to have a blast!

Session E - Wed. 4:00-5:00pm

Class Fee: \$95.00 ALL

Bingo (LM)

NEW

Stephanie Berberich

Grab your bingo cards and have some fun playing BINGO with Stephanie from UARTS. We will play interactive bingo! Prizes and awards will be given to the winners at the end of the term. *Bingo cards will be distributed to participants prior to the start of the class.*

Session A - Thu. 3:00-4:00pm

Class Fee: \$105.00 ALL

International Cuisine (ConE, HS)

NEW

Nicole Rainieri

In this class, we will learn about various cultures and foods from all over the world. We will learn about different dishes, their ingredients, how they are prepared and how to find them in stores or restaurants. We will also discuss our favorite meals, trips we may have taken, and meals we'd like to try. Each week we will choose a recipe to go along with our theme. Get ready to take notes as we observe Nicole prepare these mouthwatering, healthy meals!

Session A- Thu. 4:00-5:00pm

Class Fee: \$95.00 ALL